Meal Options for New Exchange/Study Abroad Students

Semester

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<th>Orientation Period (First 2 Weeks)</th>
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Meals during the semester

**Mandatory 2-week Meal Plan**
(21 meals/week, mandatory for the first two weeks from the 1st day of the Orientation period)

*This Meal Plan for the first two weeks (14,670 JPY) is included in the invoice and paid before your arrival at AIU. The invoice is available in July for Fall Semester and in February for Spring Semester in your online application system account. This 2-week Meal Plan is mandatory only during a student’s first semester at AIU. Students continuing their studies at AIU for a second semester are not required to purchase this plan.

Price: 14,670 JPY
(20% cheaper than purchasing meals individually.)

After the first two weeks, select from the following 3 options.
Please note that the following meal cost must be paid after your arrival by cash or credit card.

1. **Purchase the semester-long meal plan**

   - 21-Meal Plan
     - (21 meals/week)
     - 3 meals/day
     - Price: 102,690 JPY/semester
     - (20% cheaper than purchasing meals individually.)
     - Pay to **AIU Shop** after arrival on campus (Cash or Credit Card)

   - 10-Meal Plan
     - (10 meals/week)
     - Lunch and Dinner from Monday to Friday only
     - Price: Approx. 60,000 JPY/semester
     - (10% cheaper than purchasing meals individually.)

2. **Purchase meals with a Pre-paid card**

   - Pre-paid Card 5000
     - Price: 5,000 JPY
     - Worth: 5,500 JPY
     - Pay to **Cafeteria** after arrival on campus (Cash or Credit Card)

   - Pre-paid Card 3000
     - Price: 3,000 JPY
     - Worth: 3,200 JPY

3. **Cook on your own**

   1) You can cook on your own.
   2) You can also purchase meals one at a time from the Cafeteria in cash.

   Breakfast: 340 JPY
   Lunch: 440 JPY
   Dinner: 440 JPY

* If you are on either 21-Meal Plan or 10-Meal Plan, you will not be reimbursed for any meals that you skip.